# MSCHOLASTIC <br> <br> BANISH <br> <br> BANISH <br> BORINC WORDS 

Dozens of Reproducible Word Lists for Helping Students Choose Just-Right Words to Strengthen Their Writing
Word Lists Include:

## A-Z Action Verbs

 Said Synonyms
## Transitions

Compare-and-Conirast Terms Choracter Trails

Emotions and Feelings

## Sensory Words

Shapes and Colors
Persuasive, Informational, and Other Essay Verbs

## Good/Bad and

Oiher Overused Opposites
50 Boring Words and
Phrases to Banish

A GREAT
ELABORATION TOOL!

## m S C H OLASTIC

## Leilen Shelton

To the teachers at Talbert, especially Amy Junge, Heather Harrison, and Donna Fraga, who generously shared their ideas; to Beth Fockler at Fulton for mentoring me early on; and to friend/fellow teacher Jennifer Mendoza.

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To Myles for knowing just when Mommy needed you to take a nap, to Sydney who brings so much love and joy to my life, and to my husband, Jason, who has always supported me. I'm blessed to have a partner like you.

$$
\begin{aligned}
& \text { BANISH } \\
& \text { BORINC WORDSH }
\end{aligned}
$$

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## Introduction

During my first year as a middle school teacher, I quickly discovered that my students had wonderful ideas for their writing, but struggled to express them clearly and descriptively. They recognized strong and specific words, but couldn't always retrieve them on their own, and using a thesaurus was time-consuming. What they needed was a fast and easy way to find the "right" words for their writing.

I developed a list of action verbs, which led to a list of more specific movement words. Other word lists followed, and I soon had enough lists to make a small booklet for each student to use. I was thrilled with the remarkable improvements in their writing and in their confidence. They were so proud of their ability to choose their words so precisely and powerfully.

The booklet circulated to other teachers, and it wasn't long before almost every English teacher at my school was using the booklet. Within a year's time, the booklet began showing up with the students I privately tutored-students who attended other schools in my district. Apparently, I wasn't the only teacher searching for ways to empower students with strong, specific words. I'm excited to share the culmination of that effort with you in this book.

Banish Boring Words-a collection of word lists containing dozens of options for frequently used words and phrases-supports all types of writing. In some ways, it is like a condensed thesaurus. The purpose of this book is to provide students with shortcuts to finding descriptive words that will enable them to write with greater clarity and sophistication. It is my hope that this book helps students achieve their full potential as writers.

## How to Use This Book

The word lists are arranged by topics so students can flip quickly between related pages, and example sentences are provided under the title of each word list to demonstrate how each page should be used.

Some suggestions for using this book flexibly in the classroom include:

- Making copies of the word lists for each student to use during independent writing time.
- Providing copies of the word lists for groups of students to use as a resource during writing workshop.
- Photocopying one word list or section at a time when introducing a new lesson. For example, you might use the Character Traits list (page 36) during a lesson on character development.
- Copying word lists for vocabulary-building exercises, including games and test preparation for English language learners.
- Making poster-size copies of the lists to serve as "word walls" in the classroomvisible and accessible resources for interesting words.

For more information, visit my Web site at www.leilenshelton.com.

## Transitions

Z.Z.Z.Z:Z Boring: So, dogs make the perfect family pet. Interesting: Without a doubt, dogs make the perfect family pet.

## For the Beginning

| A bad | At the beginning | Initially | One important |
| :--- | :--- | :--- | :--- |
| A good | Before | In the beginning | The first |
| An important | Early on | In the first place | To begin |
| As soon as | First | It started when | To start |
| At first | First of all | One | Yesterday |

For the Middle

| A better | Another important | Furthermore | Next |
| :--- | :--- | :--- | :--- |
| Accordingly | A second | However | Second |
| Additionally | At the same time | In addition | Secondly |
| After | A worse | In fact | Shortly thereafter |
| After that | Before long | In the meantime | Soon after |
| Afterward | Besides | Later | Suddenly |
| All at once | During | Later on | Then |
| All of a sudden | Equally important | Likewise | The next |
| Along with | Following this | Meanwhile | The second |
| Also | For example | More importantly | When |
| Another | For instance | Moreover | While |

## For the End

| Accordingly | For this reason |
| :--- | :--- |
| A final | Furthermore |
| After | Hence |
| After that | In brief |
| All at once | In conclusion |
| All in all | In fact |
| All of a sudden | In other words |
| As a result | In short |
| At last | In summary |
| At the end | In the end |
| Clearly | Last |
| Consequently | Last of all |
| Eventually | Lastly |
| Finally | Later |


| Later on | Therefore |
| :--- | :--- |
| Moreover | The worst |
| Most importantly | Thus |
| Obviously | To conclude |
| Of course | To summarize |
| On the whole | To sum up |
| Shortly thereafter | To this end |
| Since | Ultimately |
| Soon after | Undeniably |
| The best | Undoubtedly |
| The final | When |
| The last | With this in mind |
| The most important | Without a doubt |
| Then | Without question |

## Essay Verbs for Writing About...

Z.Z.Z-Z: Boring: The article "Butterflies" is about the migration habits of butterflies.

Interesting: The article "Butterflies" investigates the migration habits of butterflies.
Characters

| attempts | determines | experiences | learns | strives |
| :--- | :--- | :--- | :--- | :--- |
| battles | discovers | faces | realizes | struggles |
| competes | encounters | figures out | recognizes | undergoes |
| copes | endeavors | finds out | seeks | understands |
| deals with | endures | grapples with | sets out | undertakes |

Compare/Contrast Texts
analyzes contrasts
classifies
compares considers
deals with
explores focuses on
highlights
identifies presents points out

Descriptions
depicts describes illustrates portrays presents

Informational/Expository Texts

| analyzes | defines | explores | identifies | provides |
| :--- | :--- | :--- | :--- | :--- |
| answers | describes | features | informs | reports |
| classifies | examines | focuses on | investigates | reveals |
| deals with | explains | highlights | presents | traces |

Messages/Lessons

| advises | expresses | illustrates |
| :--- | :--- | :--- |
| demonstrates | focuses on | implies |
| emphasizes | illuminates | points out |

Narrative Stories
chronicles
deals with
depicts
describes details explores
follows
illustrates
narrates presents recounts relates
retells tells about traces

## Persuasive Texts

addresses
advises
argues
asserts
claims
confronts
contends convinces criticizes deals with defends denies
discourages
disputes
emphasizes encourages
evaluates
examines
exposes focuses on insists points out praises proposes
reasons recommends
refutes
rejects
suggests
supports

| FaSt |  | SloW |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| biked | jerked | skittered | ambled | loitered | staggered |
| bolted | jolted | slammed | biked | lollygagged | stalked |
| bounded | jostled | slapped | brewed | lounged | stamped |
| burst | jumped | slashed | coasted | lugged | stepped |
| bustled | kicked | sliced | crawled | lumbered | stomped |
| charged | knocked | smacked | crept | lurked | straggled |
| chased | lashed | smashed | cruised | marched | strayed |
| clamored | leapt | snapped | dawdled | meandered | strode |
| crashed | lunged | snatched | dillydallied | moped | stroked |
| darted | mauled | sped | dragged | moseyed | strolled |
| dashed | nabbed | sprang | drifted | napped | strutted |
| dodged | outpaced | sprinted | dripped | paced | swaggered |
| dove | outran | stampeded | edged | plodded | swayed |
| erupted | plunged | streaked | floated | plopped | tiptoed |
| flailed | pounced | swiped | flowed | poked | toddled |
| fled | quickened | swooped | frolicked | prowled | trailed |
| flew | raced | tackled | froze | relaxed | traipsed |
| frisked | ran | tore | gallivanted <br> glided | roamed | traversed |
| galloped | rode | trotted | hiked | roved | treaded |
| grabbed | rushed | whirred | hobbled | sauntered | tromped |
| grasped | scampered | whisked | inched | shuffled | trooped |
| gunned | scooted | whizzed | jogged | skipped | trudged |
| hastened | scrambled | wrestled | journeyed | slinked | undulate |
| hightailed | scurried | yanked | lagged | slithered | ventured |
| hurried | scuttled | zapped | limped | slogged | waited |
| hustled | shot | zigzagged | lingered | slowed | walked |
| jabbed | shoved | zipped | loafed | snuck | wallowed |
| jammed | skipped | zoomed | lobbed | sputtered | wandered |
|  |  |  |  |  |  |

# Action Verbs 

Z.Z.Z.Z.Z Boring: The hungry students ate their lunches.

Interesting: The hungry students scarfed down sandwiches and devoured cookies.

## arrived

alighted
appeared
disembarked
dismounted
entered
landed
reached

## ate

attacked
chowed
consumed
devoured
feasted
gobbled
gorged
grazed
inhaled
munched
nibbled
noshed
pecked
picked
porked
scarfed
snacked
wolfed

## attacked

ambushed
assaulted
besieged
bombarded
charged
combated
infiltrated
invaded
jumped
mugged
overwhelmed
pounced
raided
rushed
stormed
struck
began
activated
commenced
incited initiated instigated instituted introduced launched
originated pioneered started
broke
busted cracked
crushed
demolished
fractured
severed
shattered
smashed
snapped
split
tore

## bumped

banged
bounced
butted
collided
jarred
jerked
jolted
jostled
knocked
pounded
rattled
shook
slammed
smacked
thudded
thumped
thwacked
caught
apprehended
bagged
busted
captured
hooked
lassoed
nabbed
nailed
netted
plucked
snagged
snared
snatched
changed
adapted
altered
converted
evolved
metamorphosed
modified
mutated
reformed
remodeled
renovated
reorganized
restyled
revolutionized transfigured transformed transposed
chased
charged
drove
followed
hounded
hunted
pursued
rushed
sped
tracked
trailed

## cheered

applauded
clapped
hailed
praised
rooted
saluted
yelled

## clapped

applauded
cheered
patted
slapped

## climbed

ascended
clambered
crawled
escalated
mounted
rose
scaled
soared

## Action Verbs

closed
blocked bolted buttoned clenched clogged corked
locked obstructed plugged screened
sealed shut stuffed

## covered

blanketed
buried
camouflaged
carpeted
cloaked
clothed
coated
concealed
disguised
eclipsed
enclosed
enfolded
enshrouded
enveloped
hid
masked
obscured
screened
shaded
shrouded
veiled
wrapped
crashed
crunched
sideswiped
smashed
totaled
cried
bawled
bemoaned
bewailed
blubbered
grieved
groaned
howled
lamented
moaned
mourned
sniffed
sniveled
sobbed
wailed
wept
whimpered
whined

## cut

amputated
carved
chiseled
chopped
cleaved
clipped
cropped
curtailed
diced
gashed
hacked
lacerated
lopped
nicked
pierced
punctured
ripped
sheared
slashed
sliced
slit
snipped
split
whacked
danced
boogied
frolicked
hopped
hustled
jigged
jitterbugged
jived
jumped
leapt
pranced
rocked
shimmied
spun
strutted
swayed
swung
tangoed
tapped
twisted
waltzed
whirled
destroyed
annihilated
crushed
decimated
demolished
eradicated
exterminated
extinguished
leveled
quashed
quelled
ravaged
razed
ruined
sabotaged
shattered
smashed
totaled
trashed
vandalized
wasted
wrecked
disappeared
absconded
dissolved
ebbed
evanesced
evaporated
faded
fled
melted
receded
retreated
vanished
waned
dragged
hauled
lugged
schlepped
towed
trailed
transported
tugged
yanked
drank
chugged
consumed
downed
gargled
gulped
guzzled
lapped
sipped
slurped
swallowed
swigged
toasted
escaped
absconded
bolted
circumvented
deserted
disappeared



| opened <br> bore | played <br> cavorted clowned frolicked reveled romped | reached extended |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  | quivered | bounded |
| burst |  | grasped | rattled | cantered |
| cleared |  | lunged | reeled | flitted |
| exposed |  | seized strained | rocked <br> ruffled | hippety-hopped hopped |
| jimmied |  | stretched | shimmered | leapt |
| revealed | pulled |  | shimmied | pranced |
| ruptured | dragged | repaired | shivered | scampered |
| slit | hauled | cured | shuddered | scooted |
| spread | jerked | doctored | swayed | skedaddled |
| unblocked | lugged | healed | tottered | skittered <br> sprang |
| unbolted | plucked | improved | trembled |  |
| uncorked | schlepped | mended | tremored <br> twittered | slept |
| uncovered | towed | patched | vibrated | catnapped |
| unfastened | tugged <br> wrenched | rebuilt | waggled | crashed |
| unlatched | yanked | reconstructed | waved | dozed |
| unlocked |  | recuperated | wobbled | hibernated |
| unsealed | pushed <br> bulldozed | restored | shrunk | napped |
| unwrapped | crowded | revised | compressed | reposed |
| vented | elbowed |  | condensed | retired |
| ventilated | gored | ripped clawed | constricted | slumbered snoozed |
|  | impelled | frayed | contracted | snored |
| planned | jostled | gashed | decreased |  |
| arranged | launched | shredded | deflated | smiled |
| brainstormed | muscled | slashed |  | beamed |
| devised | nudged |  | dwindled | grinned |
| engineered | poked | split | lessened | simpered |
| formulated | railroaded | tore | narrowed reduced | smirked |
| mapped | rammed shouldered | shook | shortened | spun |
| organized | shoved | chattered | shriveled | gyrated |
| outlined | squashed | jarred | waned | pirouetted |
| plotted | squeezed | jerked | wasted | reeled |
| schemed | squished | jogged | weakened | revolved |
| sketched | steamrolled | joggled | withered | rotated |
| strategized | thrust | jolted | wrinkled | twirled |

## ...even more Action Verbs

spun (cont'd) twisted wheeled whirled
stayed continued
lodged remained sojourned visited

## stole

abducted
blackmailed burglarized cheated defrauded embezzled filched fleeced
kidnapped lifted looted pilfered pillaged pinched pirated plagiarized plundered poached purloined ransacked shoplifted snatched stripped swindled swiped thieved
stopped
barred
blocked ceased discontinued disrupted finished halted hindered impeded intercepted obstructed paused quit refrained restrained stalled terminated
suffered
ached agonized ailed endured grieved strained tormented winced writhed
surrounded
besieged circled encased encircled enclosed encompassed engulfed inundated wrapped
swam
bathed
dove
floated
glided
paddled raced
stroked
submerged waded

## swung

dangled
flapped
oscillated
pivoted
rocked
swayed
swerved
swiveled
twirled
whirled

## threw

catapulted
chucked
fired
flung
hurled
launched
lobbed
pegged
pelted
pitched
scattered
showered
tossed
volleyed
took
abducted
bagged
borrowed
captured
clutched
commandeered
confiscated
filched
grabbed
hooked
lifted
nabbed
pinched
plucked
pocketed
seized
snagged snatched
stole swiped

## trapped

ambushed
beguiled cornered corralled deceived duped ensnared entangled entrapped fooled

## tricked

bamboozled beguiled charmed
cheated conned confused deceived defrauded
duped fooled hoodwinked misled outwitted scammed shafted swindled trapped

## †wisted

coiled
contorted
corkscrewed
curled
entwined intertwined spiraled spun
squirmed
swiveled
turned
twined
twirled
weaved
wiggled
wound
wrapped wrenched
wriggled
writhed
wrung zigzagged

## "Said" Synonyms

-': Z.Z.Z-Z: Boring: "I don't want to go", she said. Interesting: "I don't want to go!" she whimpered.

| agreed | objected | chitchatted | sighed | romanticized |
| :---: | :---: | :---: | :---: | :---: |
| acknowledged | opposed | gabbed | sniffled | overstated |
| assented | protested | gibbered | sniveled |  |
| conceded | quarreled | gossiped | sobbed | explained |
| concurred | quibbled | jabbered | wailed | clarified described |
| consented seconded | squabbled | prattled | wept | described detailed |
|  | asked |  | whimpered | illustrated |
| animal sounds | challenged | mentioned | yowled | interpreted |
| barked | grilled | noted | yowled | paraphrased |
| chirped | inquired | opined | criticized | summarized translated |
| croaked | interrogated | remarked | blasted |  |
| crowed growled | probed | stated | chastised | gasped |
| hissed | queried |  | chided | choked |
| howled | questioned | complained | disapproved | gulped |
| panted | quizzed | bemoaned bewailed | lambasted nitpicked | heaved panted |
| roared | requested | bewailed fretted | nitpicked reprimanded | snorted |
| snarled squawked | begged | fussed | zinged | wheezed |
| squeaked | beseeched | griped |  | imitated |
| yapped | entreated | groaned | declared | aped |
| yelped | implored petitioned | grumbled moaned | announced asserted | echoed impersonated |
| answered | pleaded | pouted | broadcasted | mimicked |
| reacted | prayed | sniveled | confirmed | mocked |
| remarked replied | pressed requested | whimpered | informed | parodied |
| responded | urged | whined | proclaimed | parroted |
| retorted |  | yammered | professed | interrupted |
| returned | blamed | cried | exaggerated | blurted |
| argued | alleged | bawled bemoaned | boasted bragged | interfered |
| bickered | attacked | bewailed | distorted | interjected |
| contended | charged claimed | blubbered | elaborated |  |
| contested contradicted | claimed rebuked | grieved | embellished | intimidated |
| countered | reproved | groaned | enhanced | browbeat |
| debated |  | howled | expanded | bullied |
| denied | chatted | lamented | expounded | coerced |
| disagreed | babbled | moaned | fabricated | harassed |
| disputed | blabbed | mourned | inflated | hounded |

## intimidated

(cont'd)
taunted threatened
joked
bantered jested jived joshed kidded
laughed cackled chortled chuckled giggled howled roared snickered sniggered snorted
nagged badgered hounded needled pestered prodded
observed
detected
discerned discovered noted noticed perceived
ordered charged commanded decreed demanded directed instructed
persuaded
cajoled coaxed convinced exhorted insisted urged wheedled wooed
predicted
conjectured forecasted foretold guessed inferred presumed prognosticated prophesied speculated supposed surmised
promised
agreed
assured
ensured
guaranteed
pledged
swore
vowed
raged
boiled bristled foamed fumed ranted raved spit stormed
rejoiced
celebrated cheered exulted hooted jubilated reveled
remembered
brooded
recalled
recollected reflected reminisced
retold
narrated
quoted
recited
recounted
repeated
revealed
announced
confessed
confided
declared
disclosed
divulged
expressed
proclaimed
professed
uttered
sang
chanted
chirped
crooned
hummed
serenaded trilled
twittered warbled yodeled
scolded berated chastened chided criticized lectured rebuked reprimanded reproached
screamed
bawled bellowed blared blurted cried exclaimed hollered roared shouted shrieked shrilled squealed wailed yelled yowled
stuttered
faltered hesitated sputtered stammered stumbled trembled
suggested advised hinted implied
inferred insinuated intimated offered proposed recommended

## tattled

blabbed
blurted gossiped leaked rumored snitched spilled squeaked
teased
bugged harassed mocked needled pestered razzed ribbed roasted taunted

## warned

admonished advised alerted cautioned exhorted forewarned
whispered
breathed buzzed hissed mumbled murmured muttered

## -ly Adverbs

| angrily | calmly | clumsily | easily | happily |
| :---: | :---: | :---: | :---: | :---: |
| bitterly | harmoniously | absentmindedly | coolly | cheerfully |
| coldly | peacefully | accidentally | effortlessly | contentedly |
| furiously | placidly | awkwardly | freely | ecstatically |
| indignantly | serenely | carelessly | simply | joyfully |
| sharply | soothingly | ungracefully | skillfully smoothly | merrily |
| apparently | tranquilly | continually |  | hesitantly |
| allegedly | carefully | ceaselessly | enthusiastically | dubiously |
| evidently | attentively | constantly continuously | ardently | falteringly |
| incidentally <br> seemingly | cautiously | continuous endlessly | eagerly energetically | haltingly |
| seemingly | conscientiously | eternally | excitedly | indecisively irresolutely |
| beautifully | gingerly | incessantly | passionately | reluctantly |
| alluringly | mindfully | perpetually | zealously | skeptically |
| charmingly | prudently | relentlessly | fearfully | tentatively |
| daintily | vigilantly |  | alarmedly | uncertainly |
| delicately <br> elegantly | watchfully | creatively | apprehensively | hones |
| enchantingly | watchuly | artistically | cowardly | admittedly |
| exquisitely | casually | imaginatit | tremblingly | frankly |
| glamorously | aimlessly | ima |  | genuinely |
| gracefully | informally | cruelly | finally | sincerely |
| majestically | nonchalantly | brutally | conclusively | truly |
| radiantly | offhandedly | malevolently | decisively | truthfully |
| stunningly | unceremoniously | maliciously | eventually | veraciously |
|  |  | ruthlessly | lastly |  |
| adventurously | certainly | savagely viciously | ultimately | amusingly |
| audaciously | clearly naturall | wickedly | gently | comically |
| boldly | na |  | delicately | jokingly |
| courageously | obviously | dramatically | faintly | playfully |
| daringly | surely | charismatically | meekly |  |
| fearlessly | undeniably | emotionally | mildly | initially |
| gallantly | undoubtedly | melodramatically | softly | firstly |
| heroically | unmistakably | suspensefully | sweetly | originally |
| valiantly | unquestionably | theatrically | tenderly | primarily |

intelligently
brilliantly cleverly ingeniously

## kindly

affectionately compassionately fondly graciously
lovingly
sweetly

## loudly

boisterously clamorously
deafeningly noisily piercingly
riotously
shrilly thunderously uproariously
luckily
auspiciously
favorably
fortunately
happily
opportunely
prosperously
nervously
anxiously
apprehensively
restlessly
shakily
skittishly
worriedly
occasionally
irregularly periodically sporadically
politely
affably
cordially
courteously
graciously
respectfully tactfully

## powerfully

forcefully
intensely
mightily
strongly
vigorously
violently
pridefully
arrogantly
boastfully
egotistically
haughtily
pompously
smugly

## purposely

consciously
deliberately
intentionally
knowingly
voluntarily
willfully
quickly
briskly
busily
hastily
hurriedly
impatiently
speedily
swiftly
quietly
breathlessly gently inconspicuously noiselessly silently
regularly commonly faithfully frequently generally habitually invariably normally ordinarily periodically repeatedly steadily systematically tirelessly typically unchangingly usually
rudely churlishly disrespectfully harshly impertinently impolitely impudently inconsiderately insolently
sadly
cheerlessly dejectedly despondently dismally dolefully mournfully sorrowfully
tragically unfortunately
unhappily
wistfully

## shyly

bashfully
humbly
modestly
sheepishly
skittishly
timidly
slowly
casually
eventually
gradually
hesitantly
lazily
patiently
sluggishly

## sneakily

cunningly
deviously
secretly
slyly
stealthily surreptitiously suspiciously

## strangely

magically
miraculously
mysteriously oddly
supernaturally

## stupidly

foolishly indolently
mindlessly
moronically
obnoxiously
suddenly
abruptly immediately instantly startlingly unexpectedly

## surprisingly

actually
amazingly astonishingly incredibly interestingly ironically remarkably shockingly unbelievably unknowingly unpredictably

## tiredly

exhaustedly
drowsily
sleepily
weakly
wearily

## wildly

ferociously
fiercely
passionately
recklessly
roughly
viciously
wisely
discerningly
judiciously
perceptively
prudently
sagaciously

## Colors and Shapes

Z.Z.Z-Z: Boring: The blue sky had some white clouds.减: Interesting: In the azure sky dangled marshmallow white clouds.

## Black

| ebony | crow | jet | onyx | shadowy |
| :--- | :--- | :--- | :--- | :--- |
| charcoal | dingy | licorice | pitch | slate |
| clouded | dusky | murky | raven | soot |
| coal | ink | obsidian | sable | starless |

## Blue

| aqua <br> aquamarine <br> azure <br> baby blue <br> beryl | blueberry <br> cerulean <br> cobalt <br> delft <br> denim | electric indigo navy midnight peacock | porcelain <br> robin's egg <br> royal <br> sapphire <br> sky | steel <br> teal <br> turquoise ultramarine violet |
| :---: | :---: | :---: | :---: | :---: |
| Brown |  |  |  |  |
| almond <br> amber <br> auburn <br> beige <br> brick <br> bronze <br> buff <br> burnt sienna | chestnut chocolate cinnamon cocoa coffee copper fawn ginger | hazel <br> henna <br> khaki <br> mahogany <br> mud <br> muddy <br> mulch <br> nut | nutmeg <br> oak <br> ochre <br> pine <br> russet <br> rust <br> sandy <br> sepia | sorrel <br> $\tan$ <br> tawny <br> teak <br> terra-cotta <br> toast <br> umber <br> walnut |
| Gray |  |  |  |  |
| ashen clouded dapple dingy dove | drab <br> dun <br> dusky <br> grizzled <br> heather | iron <br> lead <br> leaden <br> metallic <br> mousy | oyster <br> pearly <br> peppery <br> shaded <br> silvery | slate <br> smoky <br> somber <br> steel <br> stone |
| Green |  |  |  |  |
| apple <br> aquamarine <br> avocado <br> beryl <br> celery <br> chartreuse | emerald <br> evergreen <br> fir <br> forest <br> grassy <br> jade | kelly <br> leafy <br> lime <br> lush <br> malachite <br> mint | moss <br> olive <br> pea <br> peacock <br> pine <br> pistachio | sage sea spinach verdure viridian willow |

## Orange

| apricot | copper |
| :--- | :--- |
| brass | coral |
| bronze | flame |
| burnt sienna | glowing |

gold
ochre
peach
persim

Purple

| amethyst | heliotrope | maroon | pansy | royal |
| :--- | :--- | :--- | :--- | :--- |
| bluish red | lavender | mauve | plum | violaceous |
| fuchsia | lilac | mulberry | pomegranate | violet |
| grape | magenta | orchid | puce | wine |

## Red

| blood | cherry | flushed | pink | russet |
| :--- | :--- | :--- | :--- | :--- |
| bloodshot | claret | fuchsia | raspberry | rust |
| blush | coral | garnet | rose | salmon |
| brick | cranberry | geranium | rosy | scarlet |
| burgundy | crimson | magenta | rouge | strawberry |
| candy-apple | fiery | maroon | ruby | tomato |
| cardinal | flame | persimmon | ruddy | wine |

## White

| alabaster | chalky | immaculate | oyster | powdery |
| :--- | :--- | :--- | :--- | :--- |
| ashen | cream | ivory | pale | pure |
| blanched | fair | light | pallid | silvery |
| bleached | frosted | marble | pasty | snowy |
| blond | frosty | marshmallow | pearl | spotless |
| bloodless | ghostly | milky | platinum | stainless |

## Yellow

| amber | buff | chartreuse | lemon | straw |
| :--- | :--- | :--- | :--- | :--- |
| apricot | butter | chrome | mustard | sunny |
| aureate | buttercup | citron | ochre | tan |
| beige | butterscotch | cream | orange | tangerine |
| bleached | canary | gold | saffron | tawny |
| blond | champagne | golden | sand | topaz |

## Shapes

| angular | conical | hexagonal | proportional | spherical |
| :--- | :--- | :--- | :--- | :--- |
| circular | cylindrical | octagonal | rectangular | spiraled |
| concave | elliptical | oval | squared | triangular |

Z.Z.Z.Z: Boring: The cave was dark. Interesting: A shadowy gloom settled in the pitch-black cave.
To See

| admire | gaze | mark | peer | spot |
| :--- | :--- | :--- | :--- | :--- |
| examine | glance | note | perceive | spy |
| eye | glare | notice | recognize | stare |
| eyeball | glimpse | observe | review | survey |
| focus | glower | ogle | scan | view |
| gape | goggle | peek | search | watch |
| gawk | inspect | peep | sight | witness |${ }^{2}$

## A Sight

| appearance | hallucination | impression | reflection | view |
| :--- | :--- | :--- | :--- | :--- |
| display | illusion | mirage | scene | vision |
| exhibition | image | picture | spectacle | vista |


| Clear <br> apparent <br> cloudless | crystalline <br> distinct | lucid <br> translucent | transparent <br> unclouded | unobscured <br> visible |
| :--- | :--- | :--- | :--- | :--- | :--- |
| alight | illuminated <br> fluorescent <br> golden | lit <br> lighted | moonlit | sunny |
| luminous |  |  |  |  |

## Dark

| black | inky | nebulous | pitch-dark | sooty |
| :--- | :--- | :--- | :--- | :--- |
| blackish | lightless | obscure | pitchy | sunless |
| blackness | muddy | pitch-black | somber | unlit |

Bright

| ablaze | beaming | brilliant | glaring | radiant |
| :--- | :--- | :--- | :--- | :--- |
| aglow | blazing | flaming | glowing | vivid |


| Dim |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- |
| bleary | dusky | fuzzy | murky | shadowy |
| blurred | faded | gloomy | opaque | shady |
| cloudy | faint | gray | overcast | tarnished |
| dreary | foggy | lackluster | pale | unclear |

Shiny

| burnished | glassy | glistening | polished | shining |
| :--- | :--- | :--- | :--- | :--- |
| crystal | gleaming | glittering | satiny | silvery |
| dazzling | glimmering | glossy | sheeny | sparkling |
| flickering | glinting | jeweled | shimmering | twinkling |


| Dull |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- |
| ashen | drab | hazy | mousy | opaque |
| cloudy | dreary | indistinct | muddy | plain |
| colorless | dusky | lackluster | murky | subdued |
| dead | faded | low | muted | toned-down |
| dismal | flat | matte | obscure | unlit |

## Sound

=": Z.Z.Z.Z: Boring: Suddenly, a sound came from the basement. Interesting: Suddenly, an ear-piercing shriek came from the basement.

| catch | detect | eavesdrop | listen | overhear |
| :---: | :---: | :---: | :---: | :---: |
| A Sound |  |  |  |  |
| din | noise | note | resonance | tone |
| Pleasant |  |  |  |  |
| harmonic harmonious | mellifluous melodic | melodious rhythmical | sonorous <br> symphonic | symphonious tuneful |
| Unpleasant |  |  |  |  |
| boisterous clamorous deafening | ear-piercing ear-popping ear-splitting | grating <br> monotonous <br> noisy | piercing raucous riotous | rowdy <br> shrill <br> whiny |
| Loud |  |  |  |  |
| bang <br> bawl bellow blare blast boom burst | clamor <br> clang <br> clank <br> clap <br> clash <br> clatter <br> crack | crackle crash holler pop racket rattle rumble | scream screech shriek <br> slam <br> slurp <br> smash <br> snore | stomp thud thump whack wham whir whoop |
| Angry |  |  |  |  |
| bark bellow growl | grumble <br> hiss <br> holler | jeer roar scream | shout snap snarl | snort <br> sputter yell |
| Scared |  |  |  |  |
| cry gasp | scream screech | shriek <br> squall | stammer stutter | whimper yelp |

## Sad

| bawl | groan | sigh | sob | weep |
| :--- | :--- | :--- | :--- | :--- |
| blubber | howl | sniffle | squall | whimper |
| cry | moan | snivel | wail | yowl |

Happy

| cackle | giggle | laugh | snicker | tee-hee |
| :--- | :--- | :--- | :--- | :--- |
| chortle | guffaw | roar | snigger | titter |
| chuckle | howl | shriek | squeal | whoop |

Quiet

| bubble | creak | hum | pitter-patter | swish |
| :--- | :--- | :--- | :--- | :--- |
| buzz | drone | hush | plink | tick |
| calm | fizz | mumble | rustle | tinkle |
| click | gurgle | murmur | sigh | twitter |
| clink | hiss | mutter | sizzle | whisper |

## Silent

| breathless | inaudible | muted | quiet | speechless |
| :--- | :--- | :--- | :--- | :--- |
| hushed | mouthed | noiseless | soundless | still |

Musical

| bang | clang | peal | strum | trill |
| :--- | :--- | :--- | :--- | :--- |
| beat | clink | plunk | thump | twang |
| boom | hum | rattle | tinkle | warble |
| chant | jingle | ring | toll | whistle |
| chime | jangle | rumble | toot | yodel |

Animal

| bark | cluck | honk | purr | squeal |
| :--- | :--- | :--- | :--- | :--- |
| bleat | coo | hoot | quack | twitter |
| bray | croak | howl | roar | whimper |
| buzz | crow | meow | screech | whinny |
| cackle | gobble | mew | snarl | yap |
| caw | growl | moo | snort | yelp |
| cheep | grunt | neigh | squawk | yip |
| chirp | hiss | peep | squeak | yowl |

## Smell

Z.Z.Z-Z-2 Boring: The milk smelled bad.

崄: Interesting: The stench of the curdled milk turned his stomach.

## To Smell

| inhale | scent | sniff | snuff | whiff |
| :--- | :--- | :--- | :--- | :--- |
| A Smell |  |  |  |  |
| aroma | fragrance | odor | perfume | scent |
| No Smell |  |  |  |  |
| deodorized | odorless | scentless | unseasoned | unscented |
| Good Smelling <br> appealing <br> delightful <br> divine | enticing <br> exquisite <br> heavenly | luscious <br> mouthwatering <br> pleasing | rich <br> savory <br> tantalizing | zestful |

## Fresh

| antiseptic | earthy | minty | pure | starchy |
| :--- | :--- | :--- | :--- | :--- |
| clean | fragrant | new | sanitary | sterile |
| crisp | laundered | piney | soapy | washed |

Sweet

| aromatic | citrus | fragrant | perfumed | sweet-scented |
| :--- | :--- | :--- | :--- | :--- |
| buttery | cloying | fruity | rich | sweet-smelling |
| candied | coconut | honeyed | saccharine | toothsome |
| chocolaty | flowery | nectarous | sugary | vanilla |

## Bad Smelling

| detestable | loathsome | odious | raunchy | sickening |
| :--- | :--- | :--- | :--- | :--- |
| disgusting | malodorous | offensive | reeking | stinky |
| fishy | nasty | putrid | repellent | tainted |
| foul | nauseating | rancid | repugnant | unappealing |
| gross | noxious | rank | repulsive | unpleasant |


| Burnt |
| :--- | :--- | :--- | :--- | :--- |
| burning fumy gaseous smoky sooty |


| Rotten |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- |
| curdled | fetid | musty | polluted | repulsive |
| damp | foul | noisome | putrefied | rotted |
| dank | gross | noxious | putrid | ruined |
| decayed | mildewed | offensive | rancid | spoiled |
| decomposed | moldy | overripe | rank | tainted |

Sharp
acrid
astringent
harsh
intense
piercing
pungent
tart
turned unwholesome
acidic
curdled
rancid
sourish

Spicy

| cinnamic | gingery | piquant | spiced | zesty |
| :--- | :--- | :--- | :--- | :--- |
| distinctive | peppery | seasoned | spirited | zippy |

## Taste

Z-Z.Z-Z:Z Boring: The cake tasted good.
Interesting: He savored each heavenly mouthful of the rich, chocolaty cake.

| lick | sample | savor | sip | slurp |
| :---: | :---: | :---: | :---: | :---: |
| A Taste |  |  |  |  |
| bite | morsel | mouthful | nibble | sample |
| Tasteless |  |  |  |  |
| bland | flat | insipid | unflavored | unseasoned |
| dull | flavorless | tasteless | unsavory | vapid |

Good-tasting

| appetizing | divine | mouthwatering | rich | tasty |
| :--- | :--- | :--- | :--- | :--- |
| delectable | flavorful | palatable | savory | well-prepared |
| delicious | flavorsome | pleasant | scrumptious | well-seasoned |
| delish | luscious | pleasing | tantalizing | zestful |

Bad-tasting

| bland | flat | offensive | repulsive | undesirable |
| :--- | :--- | :--- | :--- | :--- |
| burnt | flavorless | oily | savorless | unpalatable |
| detestable | gross | rancid | sickening | unpleasant |
| disgusting | insipid | rank | tainted | unripe |
| distasteful | loathsome | raunchy | tasteless | unsavory |
| dull | nasty | repellent | unappealing | unseasoned |
| fishy | nauseating | repugnant | unappetizing | vapid |

## Taste

## Sweet

| buttery | cinnamic | fruity | saccharine | sweetened |
| :--- | :--- | :--- | :--- | :--- |
| candied | citrus | honeyed | sugar-coated | syrupy |
| candy-coated | cloying | nectarous | sugared | toothsome |
| chocolaty | coconut | rich | sugary | vanilla |

Sour

| acidic | briny | fermented | soured | tart |
| :--- | :--- | :--- | :--- | :--- |
| biting | curcled | rancid | sourish | vinegary |

Rotten

| curdled | foul | offensive | rancid | rotted |
| :--- | :--- | :--- | :--- | :--- |
| decomposed | gross | overripe | rank | spoiled |
| fetid | moldy | putrid | repulsive | tainted |

Sharp
acidi
acrid
astringent burning

Spicy
bitin
cinnamic
distinctive

Salty

| acrid | brackish | highly flavored | pungent | well-flavored |
| :--- | :--- | :--- | :--- | :--- |
| alkaline | briny | over-salted | salted | well-seasoned |

## Touch

 Interesting: I snuggled up in the cozy, satin blanket.

To Touch

| brush | frisk | hug | poke | sting |
| :--- | :--- | :--- | :--- | :--- |
| caress | grab | itch | rub | strike |
| cuddle | grasp | nudge | scratch | stroke |
| dab | graze | pat | smooth | tag |
| embrace | handle | paw | snuggle | tap |
| feel | hit | pinch | squeeze | tickle |

Hot

| baking | feverish | lukewarm | searing | sweltering |
| :--- | :--- | :--- | :--- | :--- |
| blazing | fiery | ovenlike | sizzling | tepid |
| blistering | flaming | roasting | steamy | tropical |
| boiling | flushed | scalding | summery | torrid |
| burning | humid | scorching | sweaty | warm |

Cold

| arctic | chilly | frigid | numbing | snowy |
| :--- | :--- | :--- | :--- | :--- |
| biting | cool | frosty | piercing | stinging |
| bitter | crisp | frozen | polar | tingling |
| bleak | cutting | glacial | shivering | trembling |
| brisk | freezing | icy | shuddering | wintry |

Dry

| arid | bare | droughty | powdery | stale |
| :--- | :--- | :--- | :--- | :--- |
| baked | barren | dusty | sapped | thirsty |
| bald | dehydrated | parched | shriveled | torrid |

Wet
\(\left.$$
\begin{array}{lllll}\text { damp } & \text { drizzling } & \text { muggy } & \text { slushy } & \text { soggy } \\
\text { dank } & \text { foggy } & \text { pouring } & \text { snowy } & \text { sopping } \\
\text { dewy } & \text { humid } & \text { rainy } & \text { soaked } & \text { steamy } \\
\text { drenched } \\
\text { dripping } & \text { misty } & \text { moist } & \begin{array}{l}\text { showery } \\
\text { slippery }\end{array} & \begin{array}{l}\text { soaking } \\
\text { sodden }\end{array}\end{array}
$$ \begin{array}{l}teary <br>

watery\end{array}\right]\)| clammy <br> gloppy | gluey <br> gooey | gummy <br> gunky | pasty |
| :--- | :--- | :--- | :--- |
| sweaty | syrupy |  |  |
| tacky |  |  |  |

## Smooth

| creamy | fluid | glossy | silky | slippery |
| :--- | :--- | :--- | :--- | :--- |
| flat | flush | polished | sleek | velvety |
| flowing | glassy | satiny | slick | waxy |

## Rough

| bearded | choppy | jagged | ragged | scratchy |
| :--- | :--- | :--- | :--- | :--- |
| brambly | coarse | knotty | ridged | stony |
| bristly | craggy | leathery | rocky | tangled |
| bumpy | grainy | lumpy | rugged | unshaven |
| bushy | gritty | matted | sandy | wiry |
| chapped | hairy | prickly | scraggy | woolly |

## Sharp

| barbed | knife-edged | pronged | ridged | spiny |
| :--- | :--- | :--- | :--- | :--- |
| briery | needlelike | ragged | serrated | splintery |
| horned | peaked | raggedy | spiked | tapered |
| jagged | pointy | razor-sharp | spiky | thorny |

## Hard

callous
dense
firm
iron packed
leathery
metal
rigid
rocky
solid
stiff
stony
thick tough wooden

Soft

| comfy | doughy | foamy | powdery | squashy |
| :--- | :--- | :--- | :--- | :--- |
| cozy | downy | furry | satiny | squishy |
| creamy | feathery | fuzzy | silky | tender |
| cushy | fluffy | mushy | spongy | velvety |

Heavy
beefy
bulky chunky
fleshy
hefty
leaden
loaded massive meaty
pulpy stout swollen
thick
weighted weighty

| airy | dainty | ethereal | fluffy | powdery |
| :--- | :--- | :--- | :--- | :--- |
| bubbly | downy | feathery | frothy | sheer |

# Conditions 

## Z.Z.Z.Z.z Boring: The room was a mess.

Interesting: The disheveled room was littered with beat-up toys and filthy clothes.

| Messy |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- |
| bedraggled | disorderly | grubby | raunchy | sloppy |
| botchy | disorganized | ill-kempt | ruffled | slovenly |
| careless | filthy | lax | rumpled | uncombed |
| cluttered | foul | littered | shabby | unkempt |
| dirty | frowzy | muddled | slack | untidy |
| disheveled | frumpy | mussy | slapdash | wrinkled |
| disordered | grimy | nasty | slipshod | wrinkly |


| Neat |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- |
| chipper | groomed | orderly | snug | trim |
| clean-cut | immaculate | organized | spick-and-span | uncluttered |
| combed | kempt | prim | spruce | unwrinkled |
| detailed | meticulous | shipshape | tidy | well-groomed |
| fastidious | natty | snappy | trig | well-pressed |

Old

| abandoned | dated | historical | primordial | tattered |
| :--- | :--- | :--- | :--- | :--- |
| aged | decayed | moth-eaten | raggedy | threadbare |
| ancient | decrepit | neglected | rickety | time-worn |
| antiquated | deteriorated | old-fashioned | run-down | traditional |
| antique | dilapidated | outdated | rusty | used |
| archaic | discarded | outmoded | scruffy | worm-eaten |
| broken-down | dowdy | out-of-date | shabby | worn |
| cast-off | faded | outworn | shoddy | worn-out |
| crusty | hackneyed | primitive | stale | wrinkly |

New

| advanced | fresh | newfound | stylish | untouched |
| :--- | :--- | :--- | :--- | :--- |
| brand-new | latest | new-sprung | trendy | untrodden |
| contemporary | modern | novel | ultramodern | unused |
| current | modernistic | original | unfamiliar | up-to-date |
| cutting edge | new-fashioned | recent | unspoiled | youthful |

Dirty

| black | greasy | mucky | smeared | stained |
| :--- | :--- | :--- | :--- | :--- |
| contaminated | grimy | muddy | smudged | sullied |
| cruddy | grubby | murky | soiled | sully |
| dingy | grungy | nasty | soily | tainted |
| draggled | icky | polluted | sooty | tarnished |
| dreggy | impure | raunchy | sordid | unclean |
| dungy | mangy | scummy | splotched | unsanitary |
| dusty | mildewed | scuzzy | spotted | unsightly |
| filthy | moldy | slimy | squalid | unswept |

Clean

| blank | fresh | sanitary | squeaky | unsoiled |
| :--- | :--- | :--- | :--- | :--- |
| bright | hygienic | shining | stainless | unsullied |
| cleansed | immaculate | shiny | taintless | untainted |
| clear | impeccable | sparkling | tidy | untarnished |
| dirtless | laundered | spick-and-span | unblemished | washed |
| flawless | pure | spotless | unpolluted | white |

## Damaged

| beat-up | cracked | dismembered | mutilated | shivered |
| :--- | :--- | :--- | :--- | :--- |
| bent | crippled | flawed | peeling | shot |
| blemished | crumbled | fractured | pulverized | shredded |
| broken | demolished | fragmented | ripped | slivered |
| burnt | destroyed | impaired | ruptured | smashed |
| burst | dinged | injured | separated | split |
| busted | discolored | mangled | severed | tattered |
| collapsed | disintegrated | marred | shattered | wrecked |

## Undamaged

| complete | mint | secure | steady | unimpaired |
| :--- | :--- | :--- | :--- | :--- |
| entire | perfect | set | unblemished | uninjured |
| faultless | permanent | settled | unbroken | unmarked |
| firm | plenary | shipshape | uncut | unmarred |
| fixed | preserved | solid | undefiled | unruffled |
| flawless | replete | sound | undivided | unscathed |
| full | rooted | stable | unharmed | untouched |
| intact | safe | steadfast | unified | whole |

## Body

## Z.Z.Z.Z.Z Boring: The ballerina was thin. <br> Interesting: Petite and slender, the ballerina twirled like a dainty flower.

Thin

| angular | frail | malnourished | scrawny | slight |
| :--- | :--- | :--- | :--- | :--- |
| bony | gangly | narrow | skeletal | slim |
| emaciated | gaunt | petite | skin-and-bone | stick |
| dainty | lanky | puny | skinny | twiggy |
| ethereal | lean | rawboned | slender | underweight |

Heavy

| beefy | burly | heavy-set | plump | round |
| :--- | :--- | :--- | :--- | :--- |
| big-boned | chubby | husky | plumpish | shapeless |
| bloated | chunky | lumpy | portly | solid |
| brawny | dense | massive | potbellied | stocky |
| broad | elephantine | obese | pudgy | stout |
| bulging | full-bodied | oversized | robust | thick |
| bulky | gargantuan | paunchy | rotund | wide |

## Short

| compact dwarfed dwarfish | little <br> low miniature | pint-sized <br> runty <br> squat | stunted stubby stumpy | tiny <br> undersized <br> wee |
| :---: | :---: | :---: | :---: | :---: |
| Tall |  |  |  |  |
| alpine beanstalk | gangly giant | lanky lofty | skyscraping stick | stretched towering |
| Weak |  |  |  |  |
| decrepit delicate | effeminate emaciated | feeble <br> flaccid | fragile <br> frail | puny <br> sickly |
| Strong |  |  |  |  |
| beefy brawny | burly firm | muscular <br> powerful | robust rugged | solid strapping |
| Fit |  |  |  |  |
| athletic | healthy | shapely | toned | trim |

(anteresting: Long, flowing locks of strawberry blonde hair curled down her back.
Hair

| cut | locks | mop | tendrils | tufts |
| :--- | :--- | :--- | :--- | :--- |
| fuzz | mane | strands | tresses | wisps |

Condition

| bouncy | flaky | groomed | shiny | stringy |
| :--- | :--- | :--- | :--- | :--- |
| clean | flowing | messy | silky | tangled |
| coarse | fluffy | neat | sleek | thick |
| dingy | flyaway | oily | smooth | thin |
| drab | frizzy | puffy | soft | tidy |
| dry | glistening | raggedy | springy | trimmed |
| dull | glossy | ratty | straggly | wiry |
| fine | grimy | shaggy | straw-like | unkempt |
|  |  |  |  |  |
| Length |  |  |  |  |
| buzzed <br> chin-length | cropped | mid-length | shaved | shoulder-length |
| long | receding | short | waist-length |  |

Style

| afro | cowlick | kinky | pinned | stiff |
| :--- | :--- | :--- | :--- | :--- |
| bangs | crimped | knotted | pleated | straight |
| bobbed | curled | layered | ponytail | teased |
| bowl cut | curly | nappy | ringlets | tussled |
| braided | feathered | mohawk | shaved | twisted |
| bun | flattop | permed | slicked | uneven |
| buzz | gelled | pigtail | spiked | wavy |

Color

| amber | chestnut | flaxen | platinum | straw |
| :--- | :--- | :--- | :--- | :--- |
| ash-blonde | coal black | frosted | raven | strawberry blonde |
| auburn | copper | golden | red | streaked |
| black | dark | gray | russet | tawny |
| bleached | dirty blonde | highlighted | sandy blonde | towheaded |
| blond | fair | jet black | silver | washed out |
| bronze | fake | light | silvery | white |
| brunette | fiery red | pale | snowy white | yellow |

## Face

Z.Z.Z.Z: Boring: He had an unusual face. Interesting: He had droopy eyes, pointy ears, and a crooked nose.

## Cheeks

| bony | chubby | full | hollow | round |
| :--- | :--- | :--- | :--- | :--- |
| chipmunk | dimpled | high | puffy | sunken |


| dimpled | double | long | pointy | square |
| :---: | :---: | :---: | :---: | :---: |
| Ears |  |  |  |  |
| elephant | elf | floppy | pointy | shell-like |
| Eyebrows |  |  |  |  |
| arched broad | bushy defined | high <br> narrow | penciled-in <br> thick | thin wide |
| Eyelashes |  |  |  |  |
|  | full | long | short | thick |
| Eyes |  |  |  |  |
| almond-shaped <br> beady <br> bloodshot | bright bug cat | droopy narrow oval | puffy <br> round <br> slanted | slit squinty wide |



Forehead
broad
flat
high
long
pronounced

## Lips

| cracked <br> fat | full <br> plump | pouty <br> puckered | pursed <br> supple | thin <br> wide |
| :--- | :--- | :--- | :--- | :--- |

Mouth
crooked gaping open slack-jawed wide

Nose

| blunt | button | flat | pug | straight |
| :--- | :--- | :--- | :--- | :--- |
| broad | crinkled | hooked | Roman | tiny |
| bulbous | crooked | long | ski jump | upturned |
| bumpy | delicate | pointy | slender | wide |

Nostrils
broad
flared
narrow
pointy
wide

Skin

| aged | clear | healthy | pimply | splotchy |
| :--- | :--- | :--- | :--- | :--- |
| albino | cold | leathery | pockmarked | supple |
| ashen | dark | light | rosy | swarthy |
| ashy | dimpled | milky white | rough | tan |
| baby | fair | moley | ruddy | taut |
| blanched | flushed | oily | sallow | washed-out |
| bleached | freckled | old | scarred | weathered |
| blotchy | freckly | olive | sensitive | white |
| blushing | ghastly white | pale | sickly | wrinkled |
| bruised | ghostly white | pallid | smooth | wrinkly |
| clammy | glowing | pasty white | soft | youthful |

Teeth
bucked
chipped
crooked
pointy
straight

# Character Traits 

Z.Z.Z.Z.Z Boring: The nurse was nice to her patient.

Interesting: The tender and compassionate nurse never left her patient's side.

| bossy | ingenious | enthusiastic | funny | irresponsible |
| :---: | :---: | :---: | :---: | :---: |
| aggressive | innovative | ardent | amusing | careless |
| controlling | inspired | eager | comical | flighty |
| demanding | inventive | earnest | entertaining | forgetful |
| domineering | original | excited | hilarious | inattentive |
| forceful | unique | exuberant | humorous | undependable |
| intimidating overbearing | determined | passionate zealous | hysterical witty | unreliable untrustworthy |
| tyrannical | driven |  |  | untrustworthy |
| ave | persevering | coril | generous | jealous covetous |
| adventurous | persistent | fiendish | charitable | envious |
| audacious | steadfast | hateful | magnanimous | green-eyed |
| bold | dishonest | immoral | noble | possessive |
| chivalrous | corrupt | sinful | selfless <br> self-sacrificing | kind |
| daring | deceitful | sinister | unselfish | caring |
| dauntless | deceptive | vile |  | compassionate |
| fearless gallant | devious disingenuous | wicked | hard-working ambitious | considerate courteous |
| heroic | untruthful | forgiving | assiduous | gentle |
| knightly |  | gracious. | diligent | gracious |
| valiant | disobedient | magnanimous |  | loving |
| valorous | defiant insubordinate | merciful | honest honorable | soft-hearted sweet |
| cowardly | lawless | friendly | forthright | sympathetic |
| fearful | rebellious | affable | sincere | tender |
| gutless | undisciplined | amiable | straightforward | thoughtful |
| passive spineless | unmanageable unruly | amicable congenial | trustworthy truthful | warm |
| timid | unruly | convivial |  | lazy |
| weak | driven | cordial genial | hostile agoressive | heavy-footed |
| crazy | industrious | good-natured | antagonistic | indolent |
| demented | sedulous studious | warm | argumentative | languorous |
| disturbed |  |  | belligerent | slothful |
| insane lunatic | energetic |  | combative contentious | slow-moving |
| lunatic maniacal | active | amusing convivial | contentious | unmotivated |
|  | animated | enjoyable | quarrelsome | loyal |
| creative | enthusiastic | entertaining |  | committed |
| artistic | high-spirited | exciting | humble | dedicated |
| clever | lively | imaginative | meek | devoted |
| gifted | sprightly | lively | modest | faithful |
| imaginative | vivacious | playful | self-effacing | steadfast |

## Character Traits

mean
barbarous
brutal cold-hearted cruel
heartless
insensitive malevolent malicious ruthless uncaring unkind vicious

## moral

chaste
ethical noble principled pure righteous
virtuous
negative
critical
cynical defeated hopeless pessimistic sarcastic

## outgoing

convivial extroverted gregarious personable sociable social unreserved
polite
affable
civil
cordial
courteous gracious respectful
positive
cheerful hopeful idealistic optimistic sanguine

## practical

level-headed
logical
pragmatic rational realistic reasonable sensible
prideful arrogant boastful conceited egotistical haughty narcissistic pompous smug vain

## respectable

admirable honorable laudable praiseworthy reputable upright
responsible
conscientious dependable dutiful mature reliable trustworthy

## revengeful

malicious
punitive retaliatory
spiteful vengeful vindictive
rude
boorish churlish
discourteous
disrespectful impertinent impolite impudent inconsiderate
insolent
surly
uncivil
selfish
egocentric
greedy
miserly
parsimonious
self-centered stingy
serious
austere
humorless
intense
solemn
somber
stern
silly
childish
clownish
immature
nonsensical
senseless
smart
bookish
bright
brilliant
clever ingenious intellectual intelligent
knowledgeable quick-witted sharp

## strange

awkward
bizarre
eccentric
mysterious
odd
outlandish
peculiar
unusual
weird

## stubborn

hardheaded
headstrong
obstinate
persistent
stiff-necked
strong-willed
willful

## stupid

brainless
foolish
idiotic
imbecilic
mindless
moronic
simple
unintelligent
witless
talented
accomplished
adept
artistic
brilliant
experienced
expert
gifted
ingenious
skilled
skillful

## tricky

conniving
crafty
cunning
devious
mischievous
scheming
shrewd
sly
sneaky
wily
uncaring
apathetic
callous
cold
heartless indifferent insensitive unsympathetic

## understanding

accepting
empathetic
perceptive sensitive
sympathetic

## unforgiving

begrudging
bitter embittered merciless resentful

## unsocial

introverted
reclusive
reserved
solitary
standoffish
unsociable
withdrawn

## wise

discerning
enlightened insightful judicious perceptive prudent sagacious

道: Interesting: Trembling in terror, the panic-stricken singer stood frozen on stage.



## Big / Small

Z.Z.Z-Z:Z Boring: The cat was big and the mouse was small.


|  | Bic |  | Small |  |
| :--- | :--- | :--- | :--- | :---: |
| ample | major | baby | piddling |  |
| behemoth | mammoth | bite-sized | pint-sized |  |
| broad | massive | bitty | pocket-sized |  |
| bulky | mighty | cramped | puny |  |
| burly | mountainous | diminutive | runty |  |
| capacious | monstrous | dwarfish | scanty |  |
| colossal | monumental | inconsequential | scrubby |  |
| considerable | overgrown | inconsiderable | short |  |
| enormous | oversized | insignificant | shrimp |  |
| expansive | prodigious | light | skimpy |  |
| extensive | roomy | limited | slight |  |
| giant | sizable | little | smallish |  |
| gigantic | spacious | meager | stubby |  |
| grand | staggering | microscopic | stunted |  |
| great | stupendous | mini | teeny |  |
| hefty | substantial | miniature | teensy |  |
| huge | titanic | miniscule | tiny |  |
| hulking | towering | minor | toy |  |
| humongous | tremendous | minute | trifling |  |
| husky | unrestricted | modest | trivial |  |
| immeasurable | vast | narrow | truncated |  |
| immense | voluminous | paltry | undersized |  |
| jumbo | whopping | petite | wee |  |
| magnificent |  |  |  |  |

Z.Z.Z-Z:Z Boring: The haircut was ugly.

洞: Interesting: The frightful haircut bordered on grotesque.

| Beautiful |  |  |  |
| :--- | :--- | :--- | :--- |
| adorable | grand | Ugly |  |
| alluring | handsome | abnormal | monstrous |
| appealing | ideal | nasty |  |
| attractive | impressive | awful | nauseating |
| beckoning | interesting | beastly | obnoxious |
| becoming | inviting | bizarre | odd |
| bewitching | lovely | creepy | outlandish |
| breathtaking | luring | deformed | piggish |
| captivating | magnificent | disagreeable | plain |
| charming | majestic | disfigured | repugnant |
| classy | marvelous | disgusting | repulsive |
| comely | mesmeric | distasteful | revolting |
| cute | pleasant | distorted | shocking |
| dazzling | pleasing | eerie | sickening |
| delightful | pretty | foul | sordid |
| divine | radiant | freakish | sorry |
| elegant | ravishing | frightful | strange |
| enchanting | refined | grisly | terrible |
| engaging | resplendent | gross | unalluring |
| enthralling | shapely | grotesque | unappealing |
| enticing | sightly | grungy | unattractive |
| excellent | splendid | hag-like | uncomely |
| exquisite | statuesque | hard-featured | undesirable |
| fair | stunning | hideous | uninviting |
| fascinating | sublime | homely | unnatural |
| fetching | superb | horrid | unpleasant |
| fine | tantalizing | horrifying | unseemly |
| glamorous | well-formed | ill-favored | unsightly |
| good-looking | well-groomed | inelegant | vile |
| gorgeous | winsome | loathsome | weird |
| graceful | wonderful | misshapen | wretched |
|  |  |  |  |

## Good / Bad

| Good |  | Bad |  |
| :---: | :---: | :---: | :---: |
| admirable <br> amazing <br> astonishing <br> astounding <br> awe-inspiring <br> awesome <br> beautiful <br> breathtaking brilliant <br> commendable <br> distinguished <br> excellent <br> exceptional <br> exciting <br> extraordinary <br> fabulous <br> fantastic <br> fine <br> glorious <br> illustrious <br> impressive <br> incredible <br> inspiring <br> legendary <br> lofty <br> magnificent <br> marvelous <br> memorable | mind-blowing <br> miraculous <br> notable <br> noteworthy <br> outrageous <br> outstanding <br> overwhelming <br> phenomenal <br> prodigious <br> remarkable <br> sensational <br> spectacular <br> splendid <br> stirring <br> striking <br> stunning <br> stupendous <br> superb <br> superior <br> terrific <br> thrilling <br> unbelievable <br> unreal <br> unrivaled <br> valuable <br> wonderful <br> wondrous <br> abhorrent | abominable <br> appalling <br> atrocious <br> awful <br> base <br> beastly <br> contemptible <br> cursed <br> deplorable <br> despicable <br> detestable <br> disagreeable <br> disgusting <br> dreadful <br> foul <br> frightening <br> frightful <br> ghastly <br> grim <br> grisly <br> gruesome <br> hateful <br> heinous <br> hideous <br> horrendous <br> horrible <br> horrid <br> horrific | horrifying <br> loathsome lousy <br> lurid <br> mean <br> nasty <br> nauseating <br> obnoxious <br> obscene <br> odious <br> offensive <br> raunchy <br> repellent <br> reprehensible <br> repugnant <br> repulsive <br> revolting <br> scandalous <br> scary <br> shameful <br> shocking <br> sickening <br> terrible <br> terrifying <br> unpleasant <br> vile <br> wretched |

absorbing
alluring
amusing
appealing
arresting
captivating
charismatic
compelling
curious
delightful
enchanting
engaging
engrossing
entertaining
enthralling
entrancing
exceptional
exciting
exotic
fascinating
gripping
impressive
intriguing
provocative
refreshing
riveting
spellbinding
stimulating
stirring
striking
thought-provoking unusual

## Boring

colorless
commonplace
dead
drab
dreary
drudging
dull
flat
ho-hum
humdrum
insipid
interminable
lackluster
lifeless
monotone
monotonous
platitudinous
repetitious
routine
spiritless
stale
stereotypical
stodgy
tedious
tiresome
trite
unanimated
unexciting
uninspired
uninteresting
vapid
wearisome

| A Li+le | A LO* |
| :---: | :---: |
| a few <br> a handful of <br> a scattering of <br> a sprinkling of inconsequential inconsiderable infrequent insufficient limited meager minor minute negligible occasional paltry petty piddling rare scant scanty scarce scarcely any skimpy slight slim some sparse | abundant <br> bounteous <br> bountiful <br> copious <br> countless <br> endless <br> immeasurable <br> incalculable <br> infinite <br> innumerable <br> limitless <br> many <br> multifarious <br> multiple <br> multitudinous <br> myriad <br> numberless <br> numerous <br> plentiful <br> plenty of <br> scads of <br> several <br> swarming with <br> teeming with <br> uncountable <br> unlimited <br> voluminous |



## Compare / Contrast

Z.Z.Z.Z: Boring: Tennis is played on a court, and baseball is played on a field. Interesting: Tennis is played on a court, whereas baseball is played on a field.

## Comparing Words

Contrasting Words
alike
at first glance
besides
both
by comparison
comparable
compare
compared to
in common
in comparison to
in the same manner
in the same way
just as
like
likewise
on the one hand
resemble
resemblance
share
similarities
similarity
similarly
similar to
the same
the same as
although
at first glance
but
by contrast
contrast
conversely
despite
differ
differences
different
different from
even though
however
in contrast
instead
on the contrary
on the other hand
opposite
unlike
variations
varied
vary
whereas
while
yet

## Be Specific! how to a wid using the word "-hing:

-': Z.Z.Z-Z-X Boring: Frogs and toads have many things in common. Interesting: Frogs and toads have many characteristics in common.
achievement
accomplishment advancement
contribution
feat
improvement
progress
success
belief
conviction
feeling
idea
notion
opinion
position
theory understanding
view
chance
opportunity
possibility
prospect
characteristic
aspect
attribute
distinction
feature
peculiarity
property
quality
trademark
trait
choice
alternative
decision
option
possibility
preference
selection

| effect | ideal |
| :--- | :--- |
| aftermath |  |
| consequence | intention |
| outcome | objective |
| ramification | plan |
| result | issue |
| effort | argument |
| action | controversy |
| attempt | focus |
| endeavor | question |
| step | subject |
| stride | theme |
| undertaking | topic |
| enjoyment | item |
| activity | article |
| amusement | belonging |
| diversion | object |
| entertainment | particular |
| hobby | possession |
| interest | product |
| pastime |  |
| recreation | part |
| aspect |  |
| experience | component |
| adventure | detail |
| affair | element |
| encounter | factor |
| enterprise | feature |
| escapade | particular |
| event | section |
| exploration | segment |
| exposure |  |
| involvement | place |
| ordeal |  |
| participation | area |
| undertaking | locale |
| venture | location |
| goal | scene |
| aim | setting |
| ambition | spot |
|  | site |
| vicinity |  |
|  |  |
|  |  |

problem
challenge
concern
conflict
difficulty
dilemma
disadvantage
frustration
hardship
obstacle
predicament
quagmire
quandary
struggle
trial
trouble
weakness

## proof

data
evidence
fact
statistic
testimony
verification

## reason

argument
explanation
justification
motive
pretext
rationale
situation
circumstance
episode
event
happening
incident
issue
matter
occasion
occurrence

## talent

ability
capability
genius
gift
power
skill
strength

## type

category
description
example
form
genre
group
kind
model
pattern
sort
variety
value
advantage
benefit
importance
meaning
merit
purpose
significance
use
worth

## way

approach
course
direction
manner
method
mode
style
system
technique

## 50 Boring Words and Phrases to Avoid

Don't get stuck in old writing habits! When you find yourself about to use these tired words and phrases, search for more specific and lively ones!

| Boring Word/Phrase Page | Boring Word/Phrase | Page |
| :---: | :---: | :---: |
| A little . . . . . . . . . . . . . . . 44 | Fast. . . . . . . . . . . | . 7 |
| A lot . . . . . . . . . . . . . . . 44 | Found. . . . . | . . 10 |
| Asked. . . . . . . . . . . . . . . . 14 | Loud | . . 22 |
| Ate . . . . . . . . . . . . . . . . 8 | Made . . . | . 11 |
| Bad . . . . . . . . . . . . . 25, 26, 42 | New. | . . 30 |
| Beautiful . . . . . . . . . . . . . . 41 | Old | . 30 |
| Big . . . . . . . . . . . . . . . . . 40 | Orange | . 19 |
| Black . . . . . . . . . . . . . . . . 18 | Purple | . 19 |
| Blue. . . . . . . . . . . . . . . . . . 18 | Red | . 19 |
| Brown. . . . . . . . . . . . . . . . 18 | Sad | . . 39 |
| Boring . . . . . . . . . . . . . . . 43 | See | . . 20 |
| Clean . . . . . . . . . . . . . . . . . 31 | Said. . . . . . . . . | 14-15 |
| Cold. . . . . . . . . . . . . . . . . . 28 | Slow. . . . . . . | . 7 |
| Dirty . . . . . . . . . . . . . . . . 31 | Short. | . . 32 |
| Dry . . . . . . . . . . . . . . . . 28 | Small | . . 40 |
| Easy. . . . . . . . . . . . . . . . . . 45 | Smell . | . . 24 |
| Good . . . . . . . . . . . . . 24, 26, 42 | Sound. | . . 22 |
| Green. . . . . . . . . . . . . . . . 18 | Sweet. | 24, 27 |
| Fun . . . . . . . . . . . . . . . . . 36 | Tall . . . . . | . . 32 |
| Happy. . . . . . . . . . . . . . 23, 39 | Thing. | . . 47 |
| Hard . . . . . . . . . . . . . . 29, 45 | To end this paper | 5 |
| Hear . . . . . . . . . . . . . . . 22 | Ugly. | . 41 |
| Hot . . . . . . . . . . . . . . . . 28 | Wet | . . 28 |
| Interesting . . . . . . . . . . . . . 43 | White. . . . . . | . . 19 |
| Kind. . . . . . . . . . . . . . . . . 36 | Yellow. . . . . . . . . . | . . 19 |

My Own List of Interesting Words



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